The Digital Fast

Dinner Conversation Starters

What was the most surprising thing that happened today?

What's one thing you learned today that you didn't know before?

If you could have any superpower for a day, what would it be and why?

If you could design a new holiday, what would it celebrate and how would people enjoy it?

What's your favorite memory from the past year?

Who is one person you admire and why?

If you could switch lives with a character from your favorite book or movie, who would it be?

What's one thing you're proud of accomplishing recently?

If you could invent a new app, what would it do?

What's the best thing about being your age?

If you could have dinner with any historical figure, who would it be and what would you ask them?

What's your favorite way to spend a weekend?

What's a random act of kindness you've done or seen recently?

If you could travel anywhere in the world, where would you go and why?

What's one thing you've done that made you laugh really hard?

What's your favorite family tradition, and why do you like it?

If you could live in any time period, past or future, when would it be?

What's a goal you have for this year, and how do you plan to achieve it?

What's one thing you'd like to learn or try?

If you were a teacher for a day, what subject would you teach and how?

What's your favorite memory with a friend?

If you had to eat one food for a month, what would it be?

What's the most interesting place you've ever visited?

Who is someone you'd like to thank and why?

What's a hobby or activity you'd like to get better at?

What's your favorite song or band right now?

What's your favorite thing to do with your family?

If you could create a theme park, what would it be like?

What's a dream you've had that you still remember?

What's one thing you're grateful for today?

If you were famous for something, what would it be?

What's your favorite outdoor activity?

If you could grow up to have any job, what would it be?

What's one thing you've learned about yourself recently?

What's your favorite movie or TV show and why?

What's something nice you can do for someone tomorrow?

If you could invent a holiday, what would people celebrate?

If you could have any animal as a pet, what would it be?